

Treatment

- Epley maneuver
- Cawthorne's exercises
- Vestibular rehabilitation
- Medication



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Vertigo





What is Vertigo?

Vertigo is the feeling that you or the environment around you is spinning. It is not a disease but rather it is a symptom. Vertigo can be constant or come and go. It may also come with nausea and vomiting.

Causes

- ◆ Benign Paroxysmal Positional Vertigo
- ◆ Meniere Disease
- ◆ Labyrinthitis
- ◆ Vestibular Neuronitis
- ◆ Certain medications
- ◆ Head injury
- ◆ Anxiety/ Panic disorder
- ◆ Depression
- ◆ Hormonal changes

Diagnosis

- * Hearing Test
- * Hallpike Maneuver
- * MRI