

Treatment

If you have mild hyperparathyroidism, treatment may not be necessary, rather your calcium levels, blood pressure and kidney function will be monitored every few months. For more severe cases surgery and medication may be necessary.

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Hyperparathyroidism





What is Hyperparathyroidism?

The parathyroid is 4 pea sized glands that surround the thyroid. These glands secrete a hormone, parathyroid hormone, that is important in regulating calcium levels in the blood. In hyperparathyroidism one or more of the parathyroid glands secrete too much hormone leading to increased calcium levels in the blood.

Signs and Symptoms

- Muscle weakness
- Poor concentration
- Neuropathy
- High blood pressure
- Kidney stones
- Fragile bones
- Constipation
- Depression
- Kidney stones
- Nausea/ vomiting
- Fatigue
- Loss of appetite

Causes

Most cases of hyperparathyroidism are caused by an adenoma, a noncancerous growth.

Hyperparathyroidism can also be caused by:

- Enlargement of the parathyroid
- Vitamin D deficiency
- Calcium deficiency
- Kidney failure
- Cancer

